



Kilimanjaro Commercial Complex
1st Floor, Room 1, 18 Aga Khan Road, Moshi, Tanzania.
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CARE INSTRUCTIONS FOR SILICONE BREAST PROSTHESIS

To maintain the quality, shape, and longevity of your silicone breast prosthesis, please follow these guidelines:

1. Daily Cleaning

Gently wash the prosthesis with lukewarm water and mild, fragrance-free soap. Use your hands only do not use brushes, sponges, or abrasive cloths, as they may damage the outer layer. Rinse thoroughly to remove all soap residue.



2. Drying

Pat dry with a soft, clean towel. Allow to air-dry completely before storing or wearing. Do not use a hairdryer, heater, or direct sunlight to speed up drying.

3. Storage

Store in its original box or a soft cloth pouch, flat side down. Keep it in a cool, dry place, away from direct sunlight and high temperatures. Avoid placing heavy objects on top to prevent deformation.



4. Adhesives and Clothing

If using adhesives or special bras, ensure they are specifically designed for silicone prostheses. Avoid contact with sharp objects, jewellery hooks, or rough fabrics that may puncture or tear the surface.



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5. Handling

Handle with clean, dry hands to prevent oil or dirt buildup. Avoid pulling or stretching the edges to maintain shape and integrity.

6. Avoid Chemicals

Keep away from perfumes, lotions, powders, alcohol, or oil-based products, as they can damage the silicone skin. If using body moisturizer, allow it to fully absorb before wearing your prosthesis.

7. Heat Protection

Do not expose to excessive heat such as sunlight, hot water, irons, or heated surfaces. Ideal temperature range: 10°C–30°C (50°F–86°F).

Important Notes: This product is not suitable for swimming unless otherwise specified as waterproof. Regular gentle care ensures your prosthesis remains soft, realistic, and comfortable for daily use.

MAELEKEZO YA KUTUNZA ZIWA BANDIA

1. Kusafisha Kila Siku

Osha kwa maji ya uvuguvugu na sabuni laini isiyo na manukato. Tumia mikono tu usitumie brashi, dodoki au kitambaa kigumu. Suuza vizuri kuondoa mabaki ya sabuni.

2. Kukausha

Kausha kwa kitambaa laini na safi kwa kuupapasa taratibu. Acha ikauke hewani kabisa kabla ya kuitumia au kuihifadhi. Usitumie kikaushio, jua kali au moto wa moja kwa moja.





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3. Hifadhi

Hifadhi kwenye boksi lake la asili au kifuko laini, ikiwa imelala upande wa ndani). Weka mahali pakavu na penye ubaridi, mbali na jua na joto kali. Epuka kuweka vitu vizito juu yake.

4. Mavazi na Vifaa Vinavyoshikiza

Kama unatumia gundi au sidiria maalum, hakikisha imetengenezwa kwa ajili ya ziwa bandia. Epuka vitu vyenye ncha kali, vito, au nguo ngumu vinavyoweza kuichana.



5. Matumizi na Kushika

Shika kwa mikono safi na kavu. Usiivute au kunyoosha kingo zake.

6. Epuka Kemikali

Usiiguishe na manukato, mafuta ya mwili, poda, pombe au vipodozi vyenye mafuta. Kama umetumia losheni kwenye mwili, ngoja ikauke kabisa kabla ya kuvaa ziwa bandia.

7. Kulinda Dhidi ya Joto

Epuka kuiweka kwenye jua kali, maji moto, pasi au vyanzo vingine vya joto. Hali ya joto salama ni 10°C – 30°C

MUHIMU: Haitakiwi kutumika kuogelea isipokuwa kama imeelezwa kuwa ni "waterproof". Zingatia matunzo mazuri huhakikisha ziwa bandia inaendelea kuwa laini, ya muonekano wa kweli, na yenye ubora kwa muda mrefu.